

Occupational Therapy Service in Hong Kong

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Presentation Content

- * Background
- * Major changes in the past 65 years
- * Driving Force for the changes
- * Future development

Background

- * Started in 1950
- * Introduce from the “West”
- * Service focus on:
 - * Mental Health Service
 - * Service for Severely Disabled
 - * Patients required lengthy hospitalization
- * Diversional Therapy



Background

Year	Major Milestone
1959	World Federation OT join WHO
1977	White Paper on Integrating the Disabled into the Community
1978	First Occupational Therapy Training Programme by the Hong Kong Polytechnic University
1979	Establishment of the Hong Kong Occupational Therapy Association
1981	First batch of local OT graduates
1990	OT Registration
1992	Establishment of the Hospital Authority
1996	Launching of Master OT programme
1997	First International OT Conference in Hong Kong
2002	Establishment of the Hong Kong Institute of Occupational Therapy
2007	Asian Pacific OT Conference in Hong Kong
2008	the Health Care Reform Policy
2009	the implementation of Community Mental Health Programme

Current situation

OT service are well developed and available in:

- * all public hospitals and clinics
- * Department of Health and Social Welfare Department
- * NGOs for physical rehabilitation, mental health service and children service
- * Housing Society
- * Elderly centers or homes
- * Special schools
- * Private clinics, Insurance company

Major changes

- * 1981- First local graduates
- * Improving service provision in Government and NGO
- * Better understanding of local needs
- * Fresh, energetic and pioneer work



Major changes

- * 1990- Registration
- * Recognition by the society
- * Only qualified person can practice OT
- * Had to follow Code of Practice and subject to disciplinary action in case of malpractice

Major changes

- * 1992- the Establishment of Hospital Authority
- * Organized under a coordinating committee
- * A platform for setting standard, continuous quality improvement



Major changes

- * 2008- the introduction of Advanced Practitioner and Consultant OT with enhanced role
- * First Contact service for Common mental disorder
- * OT service in General Out Patient- Disease prevention
- * OT in Integrated Care Model for the high risk elderly in the community

Major changes

- * 2009- Community Mental Health Service
- * More than 100 OTs recruited as Case Manager for patients with Severe Mental Illness (SMI) and Community Mental Health Centers in the community

Major changes

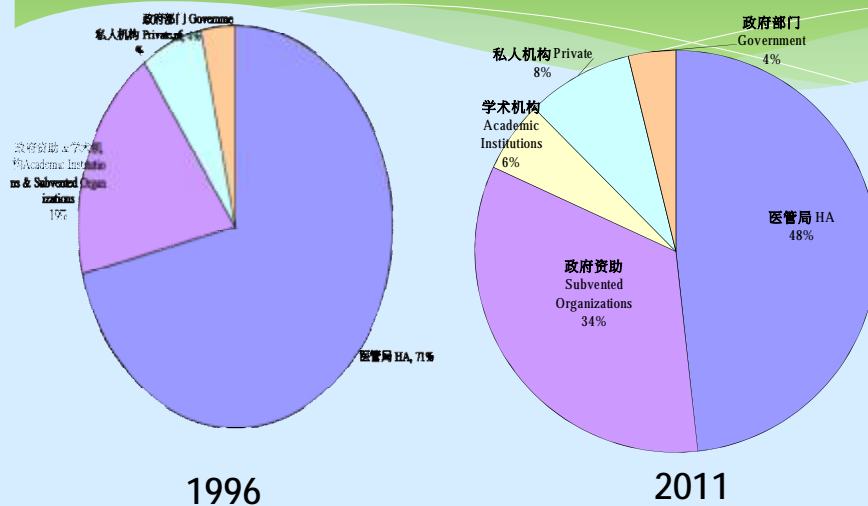
- * 2012- Master Entry OT Programme
- * A new source of manpower supply- more mature and have clear career vision
- * To fill up vacant posts in NGOs

Major Changes- Manpower

60% increase in the last 10 years



Major Changes- Place of Work



Major Changes- Practice

Old Practice	New Practice
Discrete physical & mental health practice	Combination of both physical and psychosocial practice
Skill and technique based	Knowledge and evidence based
Treatment and rehabilitation	Including disease prevention
High quantity to cope with the demand	High touch and personalized
Focus on OT service	Providing case management

Driving Force for the changes

Shared **Vision** for the development of OT in HK

- * Coordinating Committee in Occupational Therapy Service in the Hospital Authority- Creating new service model, share service standard, try new technology
- * Hong Kong Occupational Therapy Association- Training and Development, Public Education, Connecting OT between HA & NGOs
- * Hong Kong Institute of Occupational Therapy- development of OT service in Mainland China

Driving Force for the changes



“ All our clients shall lead the meaningful life of their choice.”

Dear OT colleagues,

OT Forum 2007: Passionate Dreams 2010
 -an occasion for sharing of dreams to move the OT profession forward-
 One OT One Dream: Visualizing the Focused Creativity of OTs!

We earnestly invite you to the OT Forum 2007 from 9:00 to 17:00 on 29 October 2007 (Monday) in Lecture Theatre, G/F, M Block, QEH to share among us your dream for the development of our profession in HA and present to us your ideas about what and how they are to be implemented in your defined context.

As a first step, we would like to know:
 What is your dream: _____
 Why do you want your dream to be realized: _____
 How are you going to get it realized: _____

We aim at arriving at some action plans for OT in HA in the coming 3 years. Please send your ideas to me on or before 12 October 2007. After collecting all your ideas, we would fix the programme run down of the forum. Please tell me if you would attend this forum even if you have no dream to share.

Stella Cheng
 Co-chairman
 OTCOC

Incorporate occupational life style redesign programs into routine occupational therapy services for patient with chronic illnesses or permanent disabilities

Driving Force for the changes

Learning & Development

- *OTs keep on learning and developing new services
- *OTs gain qualifications as **trainers** in some trade marked programme so as to **lead** the development in these areas in Hong Kong

Driving Force for the changes

Learning & Development

Life and Wellness Coaching à

Occupational Lifestyle Re-design (OLSR)

- *Miracle changes in the most “difficult to treat” clients
- *Miracle changes in the therapists who witness the therapeutic use of SELF(OT) and the powerful impact of OCCUPATION



Graduation Ceremony for OLSR

Five Ways to Well Being

Driving Force for the changes

Learning & Development

The Neuro-IFRAH® for Stroke Rehabilitation

- * **High Touch, High Skill**

- * Neuro-Integrative Functional Rehabilitation and Habilitation

- * Holistic approach

Driving Force for the changes

Learning & Development

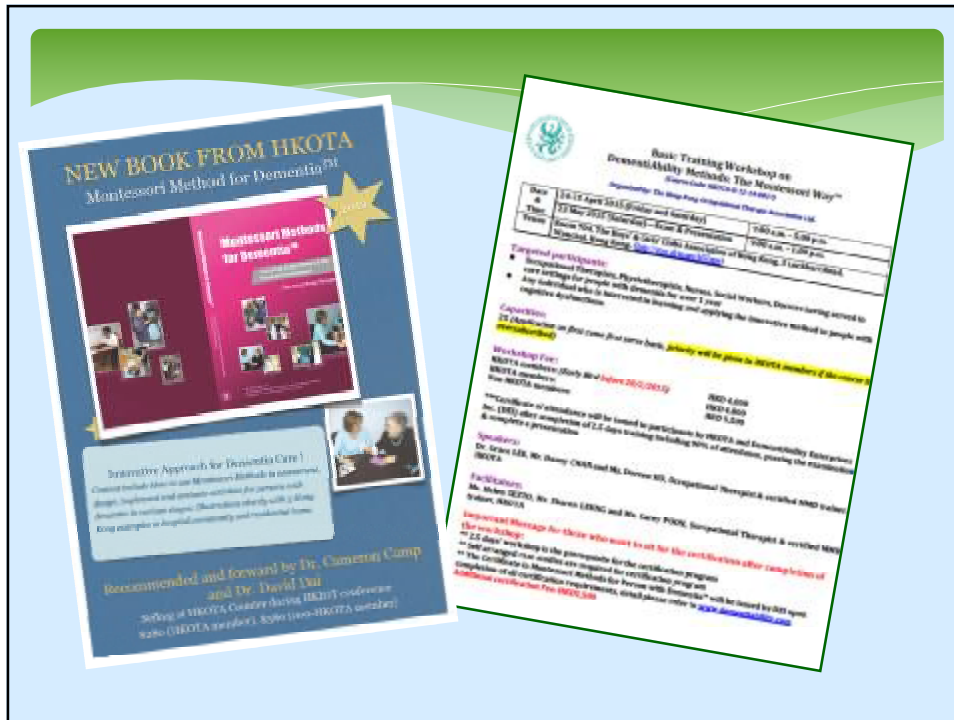
The DementiAbility Methods: the Montessori Way™

- * Aging population

- * Reach the person in depth

- * Linking with Therapeutic Activity

- * **Quality of Life** concept to elderly facilities



Driving Force for the changes

Connecting: Public

- * World OT Day Event since 2011- close contact with the public
- * Radio Programme
- * Articles in magazines & newspaper
- * Press Conference
- * Patient Groups- best advocates for OT
- * Promote mutual understanding





Driving Force for the changes

Connecting: Policy Maker

- * Meeting with politician on issues such as dementia care, students with special education needs
- * Opinion in consultation exercise
- * Representatives to health care service planning, barrier free access

Driving Force for the changes

Connecting: Health Care Team, teachers, social workers, insurer.....

- *Collaborative effort
- *Share of Knowledge and skills
- *Team player



Driving Force for the changes

Sharing among OTs

- *Vision, Knowledge and Skills
- *Work and responsibility
- *Time & Priority
- *Success and failure

Future Development

Evidence Based Practice

- *More research
- *More documented case study
- *More outcome study

Future Development

Private Market

- *An expanding area but still under-developed
- *OT service in private hospital
- *OT service to be covered by the insurance plan

Future Development

OT in the school system

- *Support students with Special Education Needs
- *Support students at risk

Future Development

OT Specialization

- *Facilitate special service development by gathering OTs with common professional aspiration
- *Enhance communication with the stakeholders in the area
- *Children Hospital in Hong Kong in 2018

Thank You